

**To register offline please follow these instructions:**

1. Print the registration form below.
2. Fill in the form completely and legibly.
3. Mail the signed form with the respective cheque or money order to the address below.  
***Please mail no later than July 29<sup>th</sup>, 2016!***

Please make out cheque or money order to:  
Cowichan Family Caregivers Support Society

Address:  
Michael Schindler  
c/o Cowichan Family Caregivers Support Society  
PO Box 13  
Shawnigan Lake, BC  
V0R 2W0

**Personal information** (please PRINT legibly)

**Name:** \_\_\_\_\_ **Gender:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
 \_\_\_\_\_  
**Phone number:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Registration**

**Walk It**  19.5km Half Marathon Walk;  Other Walks (4km up to 19.5km)

**Run It**  19.5km Half Marathon Run

**Bike It**  22km Trip around Shawnigan Lake on the road

**Fees:**  \$20 Early Bird (until July 15<sup>th</sup>);  \$30 Adult (after July 15<sup>th</sup>);  
 Free Children (12 or under)

**Teams:**  I'm the team captain;  I'm a team member;

**Team name:** \_\_\_\_\_

RELEASE OF LIABILITY, WAIVER OF CLAIMS,  
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Please note that by accepting this agreement, you give up the right to sue for any injury or damages, howsoever caused.

TO: Cowichan Family Caregivers Support Society ("the Organization") and its directors, officers, employees, representatives and agents (collectively called "the Agents").

I hereby accept this agreement on behalf of myself, my personal representatives, heirs and assigns.

- I agree as a precondition to my participation in all events organized by "the Organization" and/or "the Agents" including, but not limited to: **walking, cycling, kayaking, geocaching** (collectively referred to as "the Activities") and in further consideration of "the Organization" allowing me to do so, that I will be strictly bound by the terms of this Release of Liability, Waiver of Claims, Assumption of Risk and Indemnity Agreement ("the Agreement").
- I acknowledge that "the Activities" involve **inherent risks and dangers that may cause serious injury and possible death to participants**.
- I fully understand the risks and dangers associated with my participation in "the Activities" and **accept same entirely at my own risk**.
- I hereby **waive any and all claims** which I may have against "the Organization" and "the Agents" and release "the Organization" and "the Agents" from **all liability** for injury, death, property damage or any other loss sustained by me as a result of my participation in "the Activities", **due to any cause whatsoever; including negligence, breach of contract, or breach of any statutory or other duty of care** by "the Organization" and/or "the Agents".
- I appreciate that "the Agreement" limits the liability of "the Agents" to the same extent as it limits the liability of "the Organization", even though "the Agents" are not formal parties to "the Agreement".
- I am aware and agree that "the Organization" has made no warranties or representations respecting the suitability or condition of the routes.
- I hereby consent to the collection of personal information. I give permission to publish my name and results and to use any photographs, in which I appear, to publicize the event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date